

# GRADE 12 - COURSE SELECTION WORKSHEET

**“Q” Course Request window – March 1 (6:00 pm) through March 8 (11:00 pm)**

Notes/Alternates	Description		Credits	My Totals
	Zero Period			
<p>Circle a zero period or check no zero period below</p> <p><input type="checkbox"/> <b>NO ZERO PERIOD</b></p> <p>Alternate 1: _____</p> <p>Alternate 2: _____</p>	Drawing/Painting I/II CP (yearlong) Athletic Training II CP (S2) 3D Design CP (yearlong) Digital Electronics (H) (yearlong) Biology CP (yearlong) Chemistry CP (yearlong) Environmental Science CP (yearlong) Math Skills Lab (S1 or S2) <b>Football (S1&amp; S2)</b> PE 9 (S1 & S2) Geometry CP (yearlong) Government CP (S1 & S2)	Intro to Engineering CP (yearlong) Intro to Personal Finance CP (S1 & S2) Jazz Band H (yearlong) Modern American Sports Lit. (S1) Mythology to Science Fiction (S2) Office Systems (S1 or S2) Spanish III (H) (yearlong) Spanish Culture & Film (H) (yearlong) Statistics CP/AP (yearlong) World History CP (yearlong)	0-10	
<p>Circle <b>10 credits</b> of the level you desire and qualify for.</p>	<b>English</b>			
	<b>English IV CP Options</b> Mythology to Science Fiction CP Environmental & Sustainability Lit. Cinematic Texts CP		5+5	
	<b>English IV AP &amp; Honors Options</b> English IV Honors AP English Literature and Composition (aka English IV AP) Journalism II (H)		0-10	
<p>Circle the level you desire and qualify for.</p>	<b>History/Social Sciences</b>			
	Government CP		5	
<p>Circle the level you desire and qualify for.</p>	Economics CP AP Macroeconomics (S2 only)	Economics: Geopolitics & The World	5	

<b>CREDIT SUBTOTAL</b>		<b>25-35</b>	
Alternate 1:	Elective 1:	10 -35	
Alternate 2:	Elective 2:		
Alternate 3:	Elective 3:		
Alternate 4:	Elective 4:		
Alternate 5:	Elective 5:		
Seniors entering the Fall with <b>180</b> credits may choose free periods if you have selected at least 50 credits and are taking 5 classes on campus unless you are doing a Dual Enrollment class.	<b>FREE PERIODS</b>		0
	Free Period (Fall Semester) Free Period (Spring Semester) Free Period (All Year)		
	<b>PHYSICAL EDUCATION/OPHS CIF SPORT(S)</b> <i>If you still need PE credit, please list the PE class you plan to take below. Or, if you play a sport for OPHS, please write the name of the sport below.</i>		0 - 10
Circle an option for each semester. If your PE requirement is complete, select PE Done. <b>Bolded</b> classes are for student/athletes who have already made these teams. <input type="checkbox"/> <b>PE DONE</b>	Playing an OPHS Sport, Cheer, Stunt or Dance team(s) _____ <b>Basketball class</b> <b>Baseball class</b> <b>Girls' Soccer class</b> <b>Girls' Volleyball class</b> Intramural Basketball Strength & Conditioning class Ultimate Sports class Walking for Fitness class	Playing an OPHS Sport, Cheer, Stunt or Dance team(s) _____ <b>Basketball class</b> <b>Baseball class</b> <b>Girls' Softball class</b> <b>Boys' Volleyball class</b> Intramural Basketball Strength & Conditioning class Ultimate Sports class Walking for Fitness class	0-15
<b>ELECTIVE CREDIT SUBTOTAL</b>			<b>25-45</b>
	<b>Eighth Period</b>		<b>2.5-20</b>
	Mock Trial, Acting, Stagecraft (audition/pre-approval required) Advanced Band (Marching Band) (S1) Advanced Band (Drumline – Color Guard – Jazz) (S2)		
<b>FINAL CREDIT TOTAL</b>			<b>50-70</b>

Student Name (Print Clearly): \_\_\_\_\_ Parent Signature: \_\_\_\_\_

## Notes:

**(Q)** = Quarter Class (2.5 credits)  
**(S)** = Semester Class (5 credits)  
**(Y)** = Yearlong Class (10 credits)  
**CP** = College Prep-UC/CSU “a-g” approved  
**(H)** = UC/CSU approved Honors course  
**Honors** = High School Honors course  
**AP** = Advanced Placement class  
\* = Course may be taken multiple times in high school career per instructor approval  
\*\* = CP/Honors “a-g” approval pending

Please refer to the OPHS Course Selection Guide on the OPHS Website or the Course Catalog in Naviance for full course descriptions, prerequisites, and grade level restrictions.

## ENGLISH

- (Y)** English I CP (*EN-ENG1CP*)
- (Y)** English II CP (*EN-ENG2CP*)
- (Y)** English II Honors (*EN-ENG2H*)\*\*
- (Y)** English III CP (*EN-ENG3CP*)
- (Y)** English III (H) (*EN-ENG3H*)
- (Y)** AP English Language & Composition (aka English III AP) (*EN-ENG3AP*)
- (Y)** AP English Literature & Composition (aka English IV AP) (*EN-ENG4AP*)
- (Y)** English IV (H) (*EN-ENG4H*)
- (Y)** Journalism II: Newspaper Production (H) (*EN-JOURN2H*)
- (S)** Cinematic Texts CP (*EN-SRCINE*)
- (S)** Madness & Identity CP (*EN-SRMAD*)
- (S)** Modern American Lit CP: Sports & Culture (*EN-SRSPORT*)
- (S)** Mythology to Science Fiction CP (*EN-SRMYTH*)
- (S)** Environmental and Sustainability Literature (*EN-SRENVIR*)\*\*

## GENERAL ELECTIVES

- (Y)** ASB Government CP (*GE-ASBGOVT*)\*
- (S)** Academic Decathlon (*GE-ACADEC*)\*
- (S)** Creative Writing CP (*GE-CRWRIT*)
- (Y)** Directed Studies (*STSKL*)\*
- (Y)** ELL Lab (*GE-ELLAB*)\*
- (S)** Film As Lit I CP (*GE-FLMLIT1*)
- (S)** Intro to Personal Finance CP (*M-FINANCE*)\*
- (S)** Life Skills (*HLS-LIFESK*)
- (S or Y)** Math Honors Society (*MHS*)\*
- (Y)** Mind Matters (H) (*GE-MndMtrs-1*)\*
- (Y)** Mock Trial (*GE-MOCKTRL*)\*/\*\*
- (S)** Psychology CP (*SOC-PSYCH*)
- (Y)** AP Psychology (*SOC-PSYCAP*)
- (S)** Sociology CP (*SOC-SOCIO*)
- (S)** Sociology of American Pop Music CP (*SOC-SOCMUS*)

- (S)** Speech CP (*PS-SPEECH*)
- (S or Y)** Athletic Training 1/2 CP (*PS-ROPATH*)
- (S)** CERT/EMS CP (*PS-ROPATH3*)
- (Y)** Aerospace Engineering (H) (*GE-AEH*)
- (Y)** Introduction to Engineering Design CP (*GE-INTROENG*)
- (Y)** Civil Engineering & Architecture CP (*GE-CIVIL*)
- (Y)** Digital Electronics (H) (*GE-DIGITE*)
- (Y)** Mechatronics Engineering Lab (H) (*GE-EDD*)
- (S)** Construction Tech: Cabinetry (aka Woodshop) (*PS-WOOD1*)\*/\*\*
- (S)** Technical Drafting & Design (aka Architecture) (*PS-BEGARCH*)\*/\*\*
- (Y)** AP Computer Science Principles (*CL-APCSP*)
- (S)** Intro to Programming (*CL-COMPPRO*)\*
- (S)** Office Systems & Technologies (*CL-COMPAPP*)\*
- (S)** Robotics (*CL-ROBOT*)\*
- (S)** ROP Web Design CP (*CL-MULTMED*)
- (Y)** IT Essentials - Intro to Cyber Security CP (*CL-ITESSEN*)
- (Y)** ROP Game Design CP (*GE-GameDes*)
- (Y)** Journalism I: Intro to Journalism CP (*PS-JOURNAL or PS-JOURNAS*)
- (Y)** Journalism II: Newspaper Production (H) (*EN-JOURN2H*)
- (S or Y)** Yearbook (*PS-YEARBK*)\*
- (Q)** Acting: Theater A CP (8-*THETRA*)\*
- (Q)** Stagecraft (*PS-ROPSTCR*)\*/\*\*
- Note: Acting and Stagecraft students must be selected to be a member of the Stage Cast or Crew for after school productions to receive credit.*
- (S)** School Service (*SCHOOLSVC*)\*
- Note: Seniors only. 10 credits maximum*
- (S)** Study Hall–Fall/Spring (*STUDYHALL-1 or 2*)\*
- Note: No credit is granted for Study Hall*

## HISTORY/SOCIAL STUDIES & HEALTH

- (S)** Economics CP (*SOC-ECON*)
- (S)** Geopolitics and the World Today (*SOC-ECONGE*)\*
- (S)** AP Macroeconomics (*SOC-ECONAP*)
- (S)** Government CP (*SOC-GOVT*)
- (Y)** US History CP (*SOC-USH*)
- (Y)** US History (H) (*SOC-USHH*)
- (Y)** AP US History (*SOC-USHAP*)
- (Y)** World History CP (*SOC-WH*)
- (S)** Health CP (*HLS-HEALTH*)
- (S)** World Geography CP (*SOC-WLDGEO*)

## MATHEMATICS

- (Y)** Algebra IA CP (*M-ALG1AYR*)
- (Y)** Algebra IB CP (*M-ALG1BYR*)
- Note: Algebra 1A & 1B count as 1 year of CP level Math upon completion of 1B with a “C” or higher grade for college admission purposes.*
- (Y)** Algebra I CP (*M-ALG1*)
- (Y)** Geometry CP (*M-GEOMCP*)
- (Y)** Algebra II CP (*M-ALG2*)
- (Y)** Algebra II with Trigonometry Honors (*M-ALG2TRIG*)
- (Y)** Finite Math CP (*M-FINITE*)
- (Y)** Statistics CP (*M-STATCP*)
- (Y)** AP Statistics (*M-STATAP*)
- (Y)** Math Analysis CP (*M-ANALYSIS*)
- (Y)** Math Analysis w/Calculus (H) (*M-PRECALC*)
- (Q or S)** Math Skills Lab (*M-MATHSKLS*)\*
- Note: Zero Period only*
- (Y)** AP Calculus AB (*M-CALCAP*)
- (Y)** AP Calculus BC (*M-CALCBC*)

## PHYSICAL EDUCATION

- (S or Y)** PE 1 (*PE-9FALL or PE-9SPR*)
- (S)** Baseball Team (Spring) (*PE-BASEB*)\*
- (S or Y)** Basketball Team (*PE-BASKET*)\*
- (S or Y)** Football Team (*PE-FOOT*)\* *Zero prd only*
- (S)** Girls Soccer Team (Fall) (*PE-Soccer*)\*
- (S)** Girls Softball Team (Spring) (*PE-Softbl*)\*
- (S)** Boys Volleyball Team (Spring) (*PE-VBALL*)\*
- (S)** Girls Volleyball Team (Fall) (*PE-VBALLG*)\*
- (S or Y)** PE – Intramural Sport (*PE-INTBAS*)
- (S or Y)** PE – Strength and Conditioning (*PE-STRCON*)
- (S or Y)** PE - Ultimate Sports (*PE-ULTIM*)
- (S or Y)** PE - Walking For Exercise (*PE-WALK or PE-WALKS*)

## SCIENCE

- (Y)** Anatomy & Physiology CP (*SCI-ANPH*)
- (Y)** Biology I CP (*SCI-BIO*)
- (Y)** Biology I Honors (*SCI-BIO1H*)\*
- (Y)** AP Biology (*SCI-BIOAP*)
- (Y)** Chemistry CP (*SCI-CHEM*)
- (Y)** Chemistry (H) (*SCI-CHEMH*)
- (Y)** AP Chemistry (*SCI-CHEMAP*)
- (Y)** Environmental Science (*SCI-ENVCP*)\*
- (Y)** AP Environmental Science (*SCI-ENVAP*)
- (Y)** Foundations of Science P&C CP (*SCI-GLOBAL*)
- (Y)** Fundamentals of Science (*SCI-FUND*)
- (Y)** Physics CP (*SCI-PHYSC*)
- (Y)** AP Physics 1 (*SCI-PHYAP1*)
- (Y)** AP Physics 2 (*SCI-PHYAP2*)

## VISUAL & PERFORMING ARTS

- (Q)** Acting: Theater A CP (8-*THETRA*)\*
- (Y)** Art: Drawing & Painting I/II CP (*VPA-DRPT12*)
- (Y)** Adv Drawing & Painting III/IV CP (*VPA-ADDP12*)
- (Y)** AP Art: Drawing (*VPA-ARTAP*)
- (Y)** Art: 3-D Design I/II CP (aka Ceramics) (*VPA-3D1-2*)
- (Y)** Advanced 3-D Design CP (*VPA-AD3D12*)
- (Y)** AP 3D Art and Design (*VPA-AD3D12*)
- (Y)** Computer Animation I/II CP (*VPA-VNMI-2*)
- (Y)** Advanced Animation III/IV CP (*VPA-ADAN34*)
- (Y)** Digital Photography I/II CP (*VPA-Phot12*)
- (Y)** Computer Graphics I/II CP (*VPA-COMGRP*)
- (Y)** Advanced Computer Graphics CP (*VPA-ADCOGR*)
- (Y)** AP 2D Art and Design (aka AP Computer Graphics) (*VPA-GRAPAP*)
- (Y)** Video Production CP (*VPA-THETRE*)
- (Y)** Advanced Video Production (*VPA-VPADV*)\*
- (S)** Advanced Band CP (Marching Band) (*VPA-BANDADV*)\* *8th Period Fall only*
- (S)** Advanced Band CP (Drumline, Color Guard, Jazz) (*VPA-ADVBNS*)\* *8th Period Spring only*
- (Y)** String Orchestra CP (*VPA-STRORC*)\*
- (Y)** String Orchestra (H) (*VPA-StrngH*)\*
- (Y)** Wind Ensemble CP (*VPA-CNCBND*)\*
- (Y)** Wind Ensemble (H) (*VPA-WIND*)\* *By audition only*
- (Y)** Jazz Band CP (*VPA-JAZBND*)\*
- (Y)** Jazz Band (H) (*VPA-JZBNDH*)\*
- Jazz Band CP/Honors: Zero period and By audition only*
- (Y)** Chamber Choir CP (*VPA-ADVOC*)\*
- (Y)** Chamber Choir (H) (*VPA-HCHOIR*)\*
- Chamber Choir CP/Honors: By audition only*
- (Y)** Vocal Ensemble CP (*VPA-VOCPRO*)\*

## WORLD LANGUAGES (LOTE)

### Language Other Than English

- (Y)** American Sign Language 1 CP (*FL-ASL1*)
- (Y)** American Sign Language 2 CP (*FL-ASL2*)
- (Y)** American Sign Language 3 CP (*FL-ASL3*)
- (Y)** American Sign Language 3 (H) (*FL-ASL3H*)
- (Y)** American Sign Language 4 (H) (*ASL IV H*)
- (Y)** Chinese I CP (*FL-CHIN1CP*)
- (Y)** Chinese II CP (*FL-CHIN2CP*)
- (Y)** Chinese III CP (*FL-CHIN3CP*)
- (Y)** Chinese III (H) (*FL-CHIN3H*)
- (Y)** AP Chinese Language and Culture (*FL-CHIN4AP*)
- (Y)** French I CP (*FL-FRENCH1*)
- (Y)** French II CP (*FL-FRENCH2*)
- (Y)** French III CP (*FL-FRENCH3*)
- (Y)** French III (H) (*FL-FRENCH3H*)
- (Y)** French IV CP (*FL-FRENCH4*)
- (Y)** AP French Language and Culture (*FL-FREN4AP*)
- (Y)** Spanish I CP (*FL-SPAN1*)
- (Y)** Spanish II CP (*FL-SPAN2*)
- (Y)** Spanish III CP (*FL-SPAN3*)
- (Y)** Spanish III (H) (*FL-SPAN3H*)
- (Y)** Spanish IV Honors (*FL-SPAN4*)\*
- (Y)** AP Spanish Lang. and Culture (*FL-SPAN4AP*)
- (Y)** Spanish Culture & Film (H) (*FL-SPANCFM*)\*